

The Prostate Cancer Charity makes every effort to make sure that its services provide up-to-date, unbiased and accurate facts about prostate cancer. We hope that these will add to the medical advice you have had and will help you to make any decisions you may face. Please contact your doctor if you are worried about any medical issues.

The Prostate Cancer Charity funds research into the causes of, and treatments for, prostate cancer. We also provide support and information to anyone concerned about prostate cancer. We rely on charitable donations to continue this work. If you would like to make a donation, please call us on 020 8222 7666.

The Prostate Cancer Charity
3 Angel Walk, London W6 9HX

- **Email:** info@prostate-cancer.org.uk
- **Website:** www.prostate-cancer.org.uk
- **Telephone:** 020 8222 7622
- **Fax:** 020 8222 7639

- **Confidential Helpline:** 0800 074 8383
Mon-Fri 10am-4pm, Wed 7pm-9pm

Calls are free of charge from UK landlines.
Mobile phone charges may vary.

- **Email:** helpline@prostate-cancer.org.uk

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More information

The Prostate Cancer Charity

This fact sheet is part of the Tool Kit. Call our Helpline on **0800 074 8383** or visit our website at www.prostate-cancer.org.uk for more Tool Kit fact sheets, including a **Glossary** which explains some of the words and phrases used in this sheet.

Bristol Cancer Help Centre

www.bristolcancerhelp.org/
Grove House, Cornwallis Grove,
Bristol BS8 4PG
National helpline: 0845 123 23 10
Free Healthy Eating Guidelines available from the website or helpline.

British Dietetic Association

www.bda.uk.com
5th Floor, Charles House, 148/9 Great Charles Street,
Queensway, Birmingham, B3 3HT
Tel: 0121 200 8080
For information on finding a state registered dietitian and following a healthy diet.

British Nutrition Foundation

www.nutrition.org.uk
High Holborn House, 52-54 High Holborn,
London WC1V 6RQ
Telephone: 020 7404 6504
Information on a healthy diet and how diet may be linked to cancer.

World Cancer Research Fund

www.wcrf-uk.org
19 Harley Street, London, W1G 9QJ
Tel: 020 7343 4200
Provides information on cancer and diet.