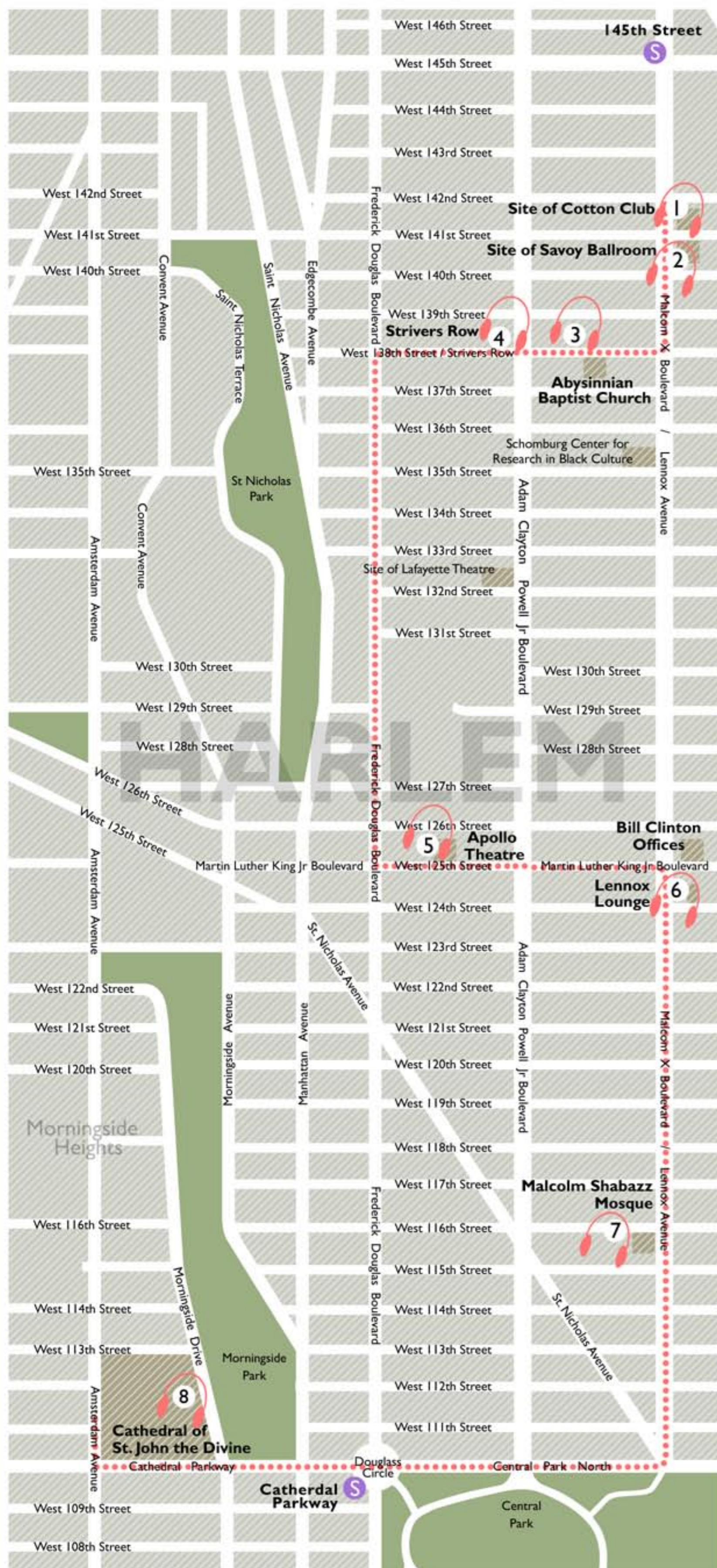


**SPIRIT AND SOUL - THE RELIGIOUS AND MUSICAL INSTITUTIONS OF HARLEM**

**LEGEND**



**Tour Path** .....  
Walk Length - 3.5 km

Starting Point - Site of The Cotton Club - 142nd and Lennox Avenue  
Nearest Subway - 145th Street (Line 3)

- 1 Site of Cotton Club
- 2 Site of Savoy Ballroom
- 3 Abyssinian Baptist Church
- 4 Strivers Row
- 5 Apollo Theatre
- 6 Lennox Lounge / Bill Clinton's Office
- 7 Malcolm Shabazz Mosque
- 8 Cathedral of St John the Divine

Ending Point - Cathedral of St John the Divine  
Nearest Subway - Cathedral Parkway (Lines B,C)

S Subway

**Directions**

Start at the South East Corner of Lennox Avenue and 142nd Street and look North 1

Turn around and walk South about 100m on Lennox. You will see the Savoy Park houses on your left. Keep going until you get to the placard on the post, also on your left half way down the block 2

Continue down Lennox, turning right onto 138th Street. Stop outside the Church halfway down the block on your left 3

Continue along 138th Street, crossing over Adam Clayton Powell Jnr Blvd and stop midway along the next block 4

Keep going along 138th Street until the end of the block, turning left onto Fredrick Douglas Blvd and walking thirteen blocks before turning left onto 125th Street. Stop outside the Apollo Theatre which is half a block along on your left 5

Continue along 125th Street, stopping at the corner of Malcolm X Blvd/Lennox Avenue 6

Turn right onto Malcolm X Blvd/Lennox Avenue and go South nine blocks. Stop at the corner of 116th Street and look to your right 7

Go another six blocks south on Malcolm X Blvd/Lennox Avenue then turn right onto Central Park North - Central Park should now be on your left - Continue straight across Douglas Circle roundabout and past Morningside Park and the edge of St John the Divine on your right. Turn right onto Amsterdam Avenue and walk up about 200m to the Cathedrals entrance to your right. Enter the Cathedral 8

**Opening Times**

Abyssinian Baptist Church  
132 W138th Street between Malcolm X and Adam Clayton Powell Jr Blvds  
Mon - Fri 09:00 - 17:00

Apollo Theater  
253 W125th Street between Adam Clayton Powell Jr and Fredrick Douglas Blvds  
Check box office for events and times (212 - 531 5305)

Cathedral of St John the Divine  
1047 Amsterdam Aveune at 112th Street  
Daily 08:00 - 18:00